

OLIVE VAGINAL SPRAY

All-Natural Homeopathic Medicine

For the relief of vaginal irritations that can also be associated with yeast, including external and internal: itching, soreness, abnormal vaginal discharge, odor, redness and swelling

Why should I use SEAGATE Olive Vaginal Spray?

Seagate Olive Vaginal Spray is an all-natural homeopathic medicine designed to provide relief of vaginal irritations, that can also be associated with yeast: external and internal itching and soreness, abnormal vaginal discharge, odor, redness and swelling. This product can also be applied externally for the relief of itching and irritation on the skin outside the vagina (vulva). Do not use Seagate Olive Vaginal Spray if this is the first time you have vaginal discharge, itching burning and discomfort. See your doctor or health professional first to find out the cause of your symptoms. If a doctor has told you in the past that you had a vaginal yeast infection and you have the same symptoms now (such as vaginal discharge, itching or burning) then Olive Vaginal Spray may work for you.

What is a vaginal yeast infection?

While most people commonly refer to this condition as a "yeast infection", it is technically caused by an overgrowth of an organism called candida (Candida albicans) which is really a fungus. Candida can normally live in the vagina and most other parts of the body, but in low concentrations that do not cause vaginal irritations. Your doctor may refer to the overgrowth of candida as an infection called "monilia" or "candidiasis." Some women may have a yeast infection on the skin outside the vagina (vulva) at the same time they have a vaginal infection.

What can Olive Vaginal Spray treat?

Homeopathic medicines do not claim that they can cure or treat a disease or medical condition. Homeopathic medicines also do not claim to be antibiotic or antifungal. The combination of homeopathic "active" ingredients in Olive Vaginal Spray (Borax 8X, Helonius 8X, Kreosotum 12X, and Platina 12X) provides relief for vaginal irritations including the symptoms associated with vaginal yeast (candida). These active ingredients have been used for over 200 years in treating the symptoms indicated: external and vaginal internal itching and soreness, abnormal vaginal discharge, odor, redness and swelling. Homeopathy is a natural approach to medicine that stimulates the body's immune system so that the body helps to heal itself. Under the principle of "like curing like", a homeopathic medicine will cause a symptom that is similar to the symptom that the body is suffering, which in turn stimulates the immune system to react. You therefore may notice immediately following the application of Olive Vaginal Spray, that there will be some temporary increase in the irritating symptoms before these symptoms are relieved.

What is the difference between Olive Vaginal Spray and over-the-counter vaginal yeast medications?

There are two major differences:

- Over-the-counter yeast medications can claim to be antifungal and to cure vaginal yeast infections. Olive Vaginal Spray homeopathic medicine can offer relief for the symptoms of vaginal "irritations".
- Over-the-counter medications may contain a variety of strong chemicals. Olive Vaginal Spray contains very mild all-natural edible ingredients.

Some of the common over-the-counter vaginal antifungal medications use as their active ingredient a chemical called "miconazole nitrate" an anti-fungal agent that can kill fungi by attacking their fungal cell membranes. It also is commonly used in various formulations to treat jock itch, athlete's foot, and ringworm. It also has some anti-parasitic (Leishmania protozoa) and antibacterial properties. Miconazole is also a chemical used by Kodak and Fuji for film developing. Some common over-the-counter vaginal antifungal medications may also contain as their inactive ingredients: alcohol, hydrogenated vegetable oil, benzoic acid (a preservative), isopropyl myristate (sometimes used as a pesticide-free treatment of head lice), cetyl alcohol (a by-product from petroleum and from some vegetable oils used as an emulsifier or thickening agent in skin creams), polysorbate 60 (a sorbitan monostearate that has been ethoxy-lated with approximately 20 moles of ethylene oxide - if you don't understand this sentence, then do you want it in your body?); potassium hydroxide (a caustic inorganic chemical also known as lye); propylene glycol (a solvent, moisturizer, and also a component in newer automotive antifreezes, and a working fluid in hydraulic presses, cooling systems and found in some pipe tobacco).

Seagate Olive Vaginal Spray uses 4 active homeopathic ingredients derived from plants: Borax 8X, Helonius 8X, Kreosotum 12X, and Platina 12X; along with 5 inactive ingredients: Extra Virgin Olive Oil, Coconut Oil, Omega-3 Shark Liver Oil, vanilla fragrance and Vitamin E. All of these ingredients are natural, edible, and are completely safe even if accidentally swallowed.

Who can get a vaginal yeast infection?

You can get a vaginal yeast infection at any age. It is most common during the childbearing years. Women who are pregnant or diabetic, taking antibiotics, birth control pills or steroids, or who have a weakened immune system are more likely to get repeated yeast infections that may not clear up easily without proper treatment. In addition, women who eat a lot of sugar, drink alcohol and eat other fermented foods (pickles) are more likely to get repeated yeast infections.

Some medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with human immunodeficiency virus (HIV - the virus that causes AIDS). The HIV virus causes the body to be more likely to get infections, including vaginal yeast infections that may not clear up easily without proper treatment. If you may have been exposed to HIV and get repeated vaginal yeast infections, you should see your doctor right away. For more information on HIV infection, please contact your doctor or the CDC National AIDS HOTLINE. The CDC phone numbers are: 1-800-343-AIDS (English), 1-800-344-7432 (Spanish), or 1-800-243-7889 (hearing impaired, TDD).

How can I tell if I have a vaginal yeast infection?

When you have a vaginal yeast infection, you may have one or more of the following symptoms:

- vaginal itching
- vaginal discharge that may be thick, white, and lumpy like cottage cheese
- vaginal soreness, irritation, or burning
- rash or redness on the skin outside the vagina (vulva)
- burning while urinating
- painful vaginal intercourse (sex)

Note: Vaginal yeast infections do NOT cause fever, chills, lower abdominal discharge, or a missing period. These might be signs of a sexually transmitted disease (STD) or a tubal pregnancy. If you have these symptoms, call your doctor right away.

What are other causes of a vaginal discharge?

It is normal to have a small amount of vaginal discharge at certain times of the month. This normal discharge may be clear or slightly white and does not cause itching, pain, or foul odor.

The most common cause of an abnormal vaginal discharge is an infection. These infections include bacterial vaginosis (BV), trichomoniasis (Trich), gonorrhea (GC), and/or chlamydia. All of these may be transmitted sexually and are called sexually transmitted diseases (STDs). If you have questions about sexually transmitted diseases (STDs) call the CDC STD Hotline at 1-800-227-8922.

Although many of the infections mentioned above can cause symptoms similar to a vaginal yeast infection (vaginal discharge, irritation, and itching), their diagnosis must be made by a doctor so that proper treatment can be given.

If these infections are not properly treated or if proper treatment is delayed, serious problems, such as pelvic inflammatory disease (PID) may result, which may prevent you from having kids in the future. If you are pregnant and do not get the proper treatment, the infection may be passed to your baby before or during delivery and may cause your baby to have permanent damage. If you have multiple sex partners or a new sex partner, you should also ask a doctor before use to make sure you do not have an STD.

Why do women get repeated vaginal yeast infections?

Women may get repeated vaginal yeast infections that may not clear up easily with proper treatment. Listed below are some of the causes of repeated yeast infections:

- **hormonal changes** occurring before the monthly period
- **use of antibiotics**
- **a diet high in sugar**, carbohydrates, alcohol, or fermented foods
- **use of some birth control pills**
- **pregnancy**
- **diabetes ("sugar" or high blood sugar)**
- **clothing** - wearing tight layers or moist clothing in the genital area
- **weakened immune system** - some drugs (such as chemotherapy or steroids) and medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is with the human immunodeficiency virus (HIV- the virus that causes AIDS). Infection with HIV causes the body to be more likely to get infections, including vaginal yeast infections.

If you get vaginal yeast infections often (such as once a month or 3 in 6 months), you should talk to a doctor.

Are vaginal yeast infections sexually transmitted?

Vaginal yeast infections are usually not spread by having intercourse (sex). However, if your partner has a rash, itching or discomfort in the genital area, he should contact a doctor to find the cause of his symptoms and tell the doctor that you are treating the symptoms of vaginal yeast with this product.

How can I prevent repeated vaginal yeast infections?

To lower your chances of getting another yeast infection:

- **Try to keep the genital area cool and dry.** Yeast grow well in warm moist areas.

The following suggestions may be helpful:

- (1) Wear cotton underwear and loose-fitting clothes.
- (2) Change out of damp clothes or a wet bathing suit as soon as possible.
- (3) If you use minipads when you are not having a menstrual period, change the minipads often.

- **Talk with your doctor about any drugs you are now taking.**

You are more likely to get a vaginal yeast infection if you are taking certain drugs such as antibiotics, steroids, or birth control pills. Do not stop taking these drugs without first asking your doctor. A doctor may need to see you to make sure that you do not have other medical conditions such as diabetes or a weakened immune system.

Can I use this product during my menstrual period?

Yes, this product can be used during your menstrual period. In fact, many women get vaginal yeast infections just before their period because of hormonal changes. Using Seagate Olive Vaginal Spray during your period will not affect how well this product works. If you have started using this Vaginal Spray and your period occurs, you may continue using this product.

Do not use tampons while using this product, because tampons may remove some of the medicine from the vagina. Use deodorant-free sanitary napkins or pads instead, and change them often.

Can I use other vaginal products with this Olive Vaginal Spray?

This product should not be used with other vaginal products.

- Douches and tampons may remove some of this product from the vagina.
- Spermicides may interfere with this product.
- Condoms and diaphragms may be damaged by this product and fail to prevent pregnancy or sexually transmitted diseases (STDs).

How can I get best results from using this product?

- If the temperature of the bottle drops below 75°F, the natural coconut oil can temporarily solidify in the bottle. This is normal and has no effect on quality and is the result of using only real natural raw materials in this product. Should this occur, simply warm the bottle for a few minutes (ie. in your pocket), and then gently shake the bottle before each use.
- Slightly depress pump sprayer and use a drop of product to lubricate applicator tube prior to insertion.
- Insert applicator tube into vagina and apply 2-3 sprays in the morning and again at bedtime, for up to 10 days. Additional applications during the day can be applied as needed, without any danger of overdose.
- Dry the genital area thoroughly after a shower, bath or swim. Change out of a wet bathing suit or damp clothes as soon as possible. A dry area is less likely to lead to the overgrowth of yeast.
- Wear cotton underwear and loose-fitting clothes. Use a panty liner after application to absorb any leakage.
- Wipe from front to back after a bowel movement or after urination.
- Do not douche, because douching may wash this product out of the vagina.
- Do not use spermicides, as they interfere with this product.
- Do not have vaginal intercourse when using this product.
- Do not scratch the skin outside the vagina. Scratching can cause more irritation and spread infection.
- **Tell your doctor about any drugs you are now taking.** Certain drugs such as antibiotics, steroids, and birth control pills, may make it more likely for you to get a vaginal yeast infection. If you are taking any of these drugs do not stop taking them without first asking your doctor.
- If you have any other medical questions or concerns about vaginal yeast infections or the symptoms you are experiencing, call your doctor or health care professional.

Is there anything I can do with my diet that would help this medicine work better?

- Restrict your intake of sugars, sodas, carbohydrates, alcohol and fermented foods while using Olive Vaginal Spray. The intake of these foods and beverages will cause yeast to grow. There is no reason to be fighting the yeast and To be feeding them at the same time.
- After the yeast have disappeared, minimize the intake of these foods. You have the ability to reduce the likelihood of future yeast infections with a proper diet.

What warnings should I know about when using this product?

For vaginal use only.

Do not use if you have never had a vaginal infection diagnosed by a doctor.

Ask a doctor before use if you have:

- **vaginal itching and discomfort for the first time**
- **lower abdominal, back or shoulder pain, fever chills, nausea, vomiting, or foul-smelling vaginal discharge. You may have a more serious condition.**
- vaginal yeast infections often (such as once a month or 3 in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes or a weakened immune system.
- been exposed to the human immunodeficiency virus (HIV) that causes AIDS

When using this product

- do not use tampons, douches, spermicides, or other vaginal products. Condoms and diaphragms may be damaged and fail to prevent pregnancy or sexually transmitted diseases (STDs).
- do not have vaginal intercourse
- mild increase in vaginal burning, itching or irritation may occur
- avoid dripping on clothing as this product will stain
- do not use if the full body seal over the bottle and tube marked "sealed for your protection" is missing or has been tampered or if the replacement pouch with 10 replacement tubes individually sealed is missing or has been opened.

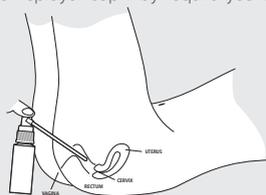
How should I use Olive Vaginal Spray?

This product is for adults and children 12 years of age and over. For children under 12 years, ask a doctor.

Directions for using the Vaginal Sprayer. Begin use before going to bed and repeat in the morning upon waking up:

Directions for vaginal application

- 1 Remove seal over the bottle and cap marked "sealed for your protection".
- 2 Holding bottle upright, depress sprayer nozzle and apply a droplet on your finger to the outside of the spray tube to lubricate it prior to insertion. (The first time use of each sprayer cap may require you to pump the sprayer 3-5 times to initially fill the tube and remove the air.)
- 3 Gently insert lubricated applicator tube into the vagina as far as it will go comfortably. This can be done while lying on your back with your knees bent (as shown in the drawing) or while standing with your feet apart with your knees slightly bent. The applicator tube can be swiveled in every direction. However, this bottle is not designed to work upside-down. It is preferable to be used in the lying position so as to prevent leakage.
- 4 Suggested use: apply 2-3 sprays for each use. This sprayer will give a strong yet comfortable squirt of product. You can apply more sprays if you require. This is a homeopathic medicine and will not cause an overdose if used in higher doses than the suggested use.
- 5 **REUSABLE SPRAYER** - You have the option of cleaning the applicator tube after each use or replacing it with one of the 10 replacement applicators provided in the sealed pouch.

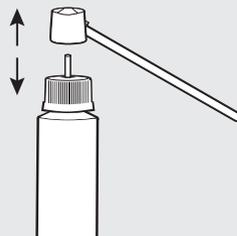


If reusing the applicator that is already on the bottle:

- be sure to clean the applicator tube after each use
- wash with soap and warm water and dry off

If you wish to replace the applicator with a new one:

- hold sprayer between fingers and gently pull upwards to disengage it from bottle. The applicator and tube will disengage from top of bottle.
 - remove a replacement applicator from the pouch and its sealed bag and gently press it onto the top of bottle.
 - do not flush the used applicator in toilet.
- Ten extra applicators are provided in the sealed pouch.



- 6 If you are able to lie down after applying the product, you can minimize leakage.
- 7 Repeat steps 1 through 6 before going to bed and upon waking up in the morning for up to 10 days. If your symptoms do not improve after 3 days or continue beyond 10 days, see a doctor.

Directions for applying externally to vulva

Use this product daily for up to 10 days as needed.

1. Depress pump applicator and apply a small amount of oil onto the skin outside the vagina (vulva) that is itching and irritated, or to your fingertip and then apply it to the irritated skin, whichever way is easier for you.
2. Repeat each morning and at bedtime for up to 10 days, as needed.

Stop use and ask your doctor if:

- **symptoms do not improve in 3 days**
- **symptoms last more than 10 days**
- **you get a rash or hives, abdominal pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge.** These may be signs that this product is not working, or you may have a more serious condition or an allergic reaction.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. The ingredients in this product are 100% edible. However, this product is not meant to be swallowed. If swallowed, contact your doctor.

What side-effects may occur with Seagate Olive Vaginal spray?

A mild increase in vaginal burning, itching, or irritation may occur when the product is initially applied. You are applying this product to irritated and sensitive skin which tends to react when anything is initially applied. Stop using this product and consult your doctor if you have abdominal pain, hives, skin rash, or if you have severe abdominal burning, itching, or irritation or swelling.

What should I do if I have questions about this product?

Questions of a medical nature, please contact your pharmacist, doctor or health care professional. If you have non-medical questions about this product or need more information on this product or any other Seagate product, call 1-888-505-4283 between 8:00 AM and 4 PM Pacific time, Monday thru Friday.

Other information:

- **TAMPER-EVIDENT UNIT** - Do not use if safety seal over bottle marked "sealed for your protection" is missing or has been tampered or if the plastic pouch containing the individually sealed replacement applicators has been opened.
- does not require refrigeration. This product can be stored or subjected to very low and high temperatures (0 F - 140 F) without affecting quality or potency. Should the product solidify when the temperature drops below 75 F follow directions above to warm the product. The natural coconut oil in this product can become solid below 75 F.
- Each spray contains 0.13 ml of product. There are 30.0 ml total product in the bottle which provides you with an approx. total of 200 sprays per bottle.

Active Ingredients: Borax 8X, Helonius 8X, Kreosotum 12X, Platina 12X (all-natural homeopathic ingredients)
Inactive Ingredients: Extra Virgin Olive Oil, Natural Coconut Oil, Omega-3 Shark Liver Oil, Vanilla Fragrance, Natural Vitamin E

1-888-505-4283 or visit
www.SeagateProducts.com

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