



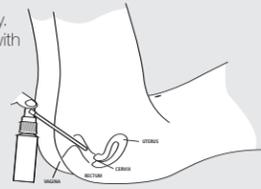
How should I use Olive Vaginal Spray?

This product is for adults and children 12 years of age and over. For children under 12 years, ask a doctor.

Directions for using the Vaginal Sprayer. Begin use before going to bed and repeat in the morning upon waking up:

Directions for vaginal application

- 1 Remove seal over the bottle and cap marked "sealed for your protection".
- 2 Holding bottle upright, depress sprayer nozzle and apply a droplet on your finger to the outside of the spray tube to lubricate it prior to insertion. (The first time use of each sprayer cap may require you to pump the sprayer 3-5 times to initially fill the tube and remove the air.)
- 3 Gently insert lubricated applicator tube into the vagina as far as it will go comfortably. This can be done while lying on your back with your knees bent (as shown in the drawing) or while standing with your feet apart with your knees slightly bent. The applicator tube can be swiveled in every direction. However, this bottle is not designed to work upside-down. It is preferable to be used in the lying position so as to prevent leakage.
- 4 Suggested use: apply 2-3 sprays for each use. This sprayer will give a strong yet comfortable squirt of product. You can apply more sprays if you require. This is a homeopathic medicine and will not cause an overdose if used in higher doses than the suggested use.



- 5 **REUSABLE SPRAYER** - You have the option of cleaning the applicator tube after each use or replacing it with one of the 10 replacement applicators provided in the sealed pouch.

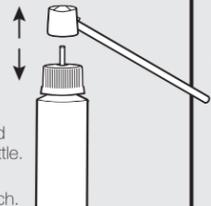
If reusing the applicator that is already on the bottle:

- be sure to clean the applicator tube after each use
- wash with soap and warm water and dry off

If you wish to replace the applicator with a new one:

- hold sprayer between fingers and gently pull upwards to disengage it from bottle. The applicator and tube will disengage from top of bottle.
- remove a replacement applicator from the pouch and its sealed bag and gently press it onto the top of bottle.
- do not flush the used applicator in toilet.

- Ten extra applicators are provided in the sealed pouch.



- 6 If you are able to lie down after applying the product, you can minimize leakage.
- 7 Repeat steps 1 through 6 before going to bed and upon waking up in the morning for up to 10 days. If your symptoms do not improve after 3 days or continue beyond 10 days, see a doctor.

Directions for applying externally to vulva

Use this product daily for up to 10 days as needed.

1. Depress pump applicator and apply a small amount of oil onto the skin outside the vagina (vulva) that is itching and irritated, or to your fingertip and then apply it to the irritated skin, whichever way is easier for you.
2. Repeat each morning and at bedtime for up to 10 days, as needed.

Stop use and ask your doctor if:

- **symptoms do not improve in 3 days**
- **symptoms last more than 10 days**
- **you get a rash or hives, abdominal pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge.** These may be signs that this product is not working, or you may have a more serious condition or an allergic reaction.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. The ingredients in this product are 100% edible. However, this product is not meant to be swallowed. If swallowed, contact your doctor.

What side-effects may occur with Seagate Olive Vaginal spray?

A mild increase in vaginal burning, itching, or irritation may occur when the product is initially applied. You are applying this product to irritated and sensitive skin which tends to react when anything is initially applied.

Stop using this product and consult your doctor if you have abdominal pain, hives, skin rash, or if you have severe abdominal burning, itching, or irritation or swelling.

What should I do if I have questions about this product?

Questions of a medical nature, please contact your pharmacist, doctor or health care professional. If you have non-medical questions about this product or need more information on this product or any other Seagate product, call 1-888-505-4283 between 8:00 AM and 4 PM Pacific time, Monday thru Friday.

Other information:

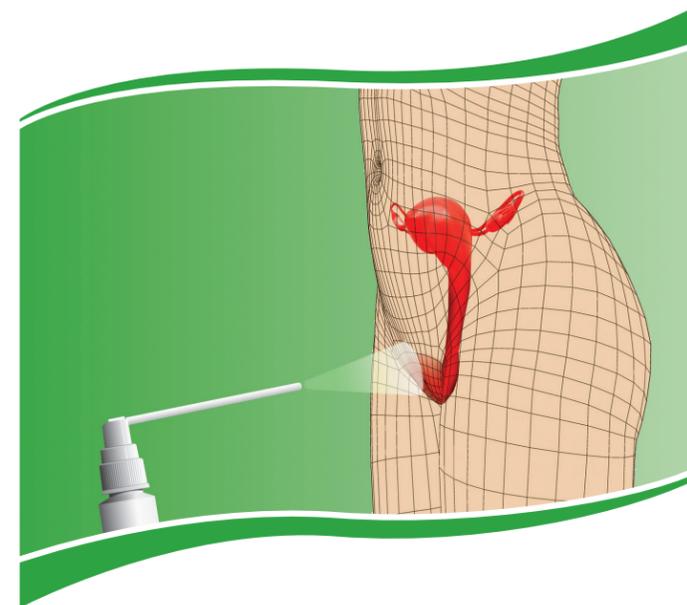
- **TAMPER-EVIDENT UNIT** - Do not use if safety seal over bottle marked "sealed for your protection" is missing or has been tampered or if the plastic pouch containing the individually sealed replacement applicators has been opened.
- does not require refrigeration. This product can be stored or subjected to very low and high temperatures (0 F - 140 F) without affecting quality or potency. Should the product solidify when the temperature drops below 75 F follow directions above to warm the product. The natural coconut oil in this product can become solid below 75 F.
- Each spray contains 0.13 ml of product. There are 30.0 ml total product in the bottle which provides you with an approx. total of 200 sprays per bottle.



SEAGATE®

OLIVE VAGINAL SPRAY

- FACT SHEET -



For the relief of vaginal irritations that can be associated with yeast including:

- **Abnormal Discharge**
- **Odor**
- **Redness**
- **Swelling**
- **Itching**
- **Soreness**

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email: info@SeagateProducts.com

1-888-505-4283
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Indications: For the relief of vaginal irritations that can also be associated with yeast, including external and internal: itching, soreness, abnormal vaginal discharge, odor, redness and swelling. For adults, and children 12 years of age and older.

A vaginal yeast infection is technically caused by an overgrowth of an organism called candida (*Candida albicans*) which is really a fungus. Candida can normally live in the vagina along with most other parts of your body but in low concentrations that do not cause vaginal irritations. Your doctor may refer to the overgrowth of candida as an infection called "monilla" or "candidiasis." Some women may have a yeast infection on the skin outside the vagina (vulva) at the same time they have a vagina infection.

Olive Vaginal Spray is a homeopathic medicine and therefore it cannot claim to cure or treat a disease or medical condition. Homeopathic medicines also do not claim to be antibiotic or antifungal. The combination of homeopathic "active" ingredients in Olive Vaginal Spray (Borax 8X, Helonius 8X, Kreosotum 12X, and Platina 12X) provides relief from the symptoms of a vaginal irritations including the symptoms associated with vaginal yeast (candida). These active ingredients have been used for over 200 years in treating the symptoms indicated: external and vaginal internal itching and soreness, abnormal vaginal discharge, odor, redness and swelling. Homeopathy is a natural approach to medicine that stimulates the body's immune system so that the body helps to heal itself. Under the principle of "like curing like", a homeopathic medicine will cause a symptom that is similar to the symptom that the body is suffering, which in turn stimulates the immune system to react. You therefore may notice immediately following the application of Olive Vaginal Spray, that there will be some temporary increase in the irritating symptoms before these symptoms are relieved.

What are the major differences between Olive Vaginal Spray and over-the-counter vaginal yeast medications?

- Over-the-counter yeast medications can claim to be antifungal and to cure vaginal yeast infections. Olive Vaginal Spray homeopathic medicine can offer relief for the symptoms of vaginal "irritations".
- Over-the-counter medications may contain a variety of strong chemicals. Olive Vaginal Spray contains very mild all-natural edible ingredients.

Some of the common over-the-counter vaginal antifungal medications use as their active ingredient a chemical called "miconazole nitrate" an anti-fungal agent that can kill fungi by attacking their fungal cell membranes. It also is commonly used in various formulations to treat jock itch, athlete's foot, and ringworm. It also has some anti-parasitic (*Leishmania* protozoa) and antibacterial properties. Miconazole is also a chemical used by Kodak and Fuji for film developing. Some common over-the-counter vaginal antifungal medications may also contain as their inactive ingredients: alcohol, hydrogenated vegetable oil, benzoic acid (a preservative), isopropyl myristate (sometimes used as a pesticide-free treatment of head lice), cetyl alcohol (a by-product from petroleum and from some vegetable oils used as an emulsifier or thickening agent in skin creams), polysorbate 60 (a sorbitan mono-stearate that has been ethoxy-lated with approximately 20 moles of ethylene oxide - if you don't understand this sentence, then do you want it in your body?); potassium hydroxide (a caustic inorganic chemical also known as lye); propylene glycol (a solvent, moisturizer, and also a component in newer automotive antifreezes, and a working fluid in hydraulic presses, cooling systems and found in some pipe tobacco

Who can get a vaginal yeast infection? You can get a vaginal yeast infection at any age. It is most common during the childbearing years. Women who are pregnant or diabetic, taking antibiotics, birth control pills or steroids, or who have a weakened immune system are more likely to get repeated yeast infections that may not clear up easily with proper treatment. In addition, women who eat a lot of sugar, drink alcohol and eat other fermented foods (pickles) are more likely to get repeated yeast infections.

Some medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with human immunodeficiency virus (HIV - the virus that causes AIDS). The HIV virus causes the body to be more likely to get infections, including vaginal yeast infections that may not clear up easily with proper treatment. If you may have been exposed to HIV and get repeated vaginal yeast infections, you should see your doctor right away. For more information on HIV infection, please contact your doctor or the CDC National AIDS HOTLINE. The CDC phone numbers are: 1-800-343-AIDS (English), 1-800-344-7432 (Spanish), or 1-800-243-7889 (hearing impaired, TDD).

Warnings:

For vaginal use only. Do not use if you have never had a vaginal infection diagnosed by a doctor or are under 12 years of age.

Ask a doctor before use if you have:

- **vaginal itching and discomfort for the first time**
- **lower abdominal, back or shoulder pain, fever chills, nausea, vomiting, or foul-smelling vaginal discharge. You may have a more serious condition.**

- vaginal yeast infections often (such as once a month or 3 in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes or a weakened immune system.

- been exposed to the human immunodeficiency virus (HIV) that causes AIDS

When using this product:

- do not use tampons, douches, spermicides, or other vaginal products. Condoms and diaphragms may be damaged and fail to prevent pregnancy or sexually transmitted diseases (STDs).

- do not have vaginal intercourse

- mild increase in vaginal burning, itching or irritation may occur

- avoid dripping on clothing as this product will stain

- do not use if the full body seal over the bottle and tube marked "sealed for your protection" is missing or has been tampered or if the replacement pouch with 10 replacement tubes individually sealed is missing or has been opened.

Before using this product, read the **Consumer Information Leaflet** that is enclosed with the product or view a copy of this Leaflet on the website www.SeagateProducts.com. Go to the Olive Vaginal Spray product page and follow the link to the **Consumer Information Leaflet**.

Symptoms of Vaginal Yeast: You may have one or more of the following symptoms:

- vaginal itching
- vaginal discharge that may be thick, white, and lumpy like cottage cheese
- vaginal soreness, irritation, or burning
- rash or redness on the skin outside the vagina (vulva)
- burning while urinating
- painful vaginal intercourse (sex)

Note: Vaginal yeast infections do NOT cause fever, chills, lower abdominal discharge, or a missing period. These might be signs of a sexually transmitted disease (STD) or a tubal pregnancy. If you have these symptoms, call your doctor right away.

Other causes of vaginal discharge: It is normal to have a small amount of vaginal discharge at certain times of the month. This normal discharge may be clear or slightly white and does not cause itching, pain, or foul odor. The most common cause of an abnormal vaginal discharge is an infection. These infections include bacterial vaginosis (BV), trichomoniasis (Trich), gonorrhea (GC), and/or chlamydia. All of these may be transmitted sexually and are called sexually transmitted diseases (STDs). If you have questions about sexually transmitted diseases (STDs) call the CDC STD Hotline at 1-800-227-8922.

Although many of the infections mentioned above can cause symptoms similar to a vaginal yeast infection (vaginal discharge, irritation, and itching), their diagnosis must be made by a doctor so that proper treatment can be given.

If these infections are not properly treated or if proper treatment is delayed, serious problems, such as pelvic inflammatory disease (PID) may result, which may prevent you from having kids in the future. If you are pregnant and do not get the proper treatment, the infection may be passed to your baby before or during delivery and may cause your baby to have permanent damage. If you have multiple sex partners or a new sex partner, you should also ask a doctor before use to make sure you do not have an STD.

Other causes of vaginal yeast infections include:

Women may get repeated vaginal yeast infections that may not clear up easily with proper treatment. Listed below are some of the causes of repeated yeast infections:

- **hormonal changes** occurring before the monthly period
- **use of antibiotics** (Talk to your doctor about any drugs you are now taking)
- **a diet high in sugar**, carbohydrates, alcohol, or fermented foods
- **use of some birth control pills**
- **pregnancy**
- **diabetes ("sugar" or high blood sugar")**
- **clothing** - wearing tight layers or moist clothing in the genital area
- **weakened immune system** - some drugs (such as chemotherapy or steroids) and medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is with the human immunodeficiency virus (HIV- the virus that causes AIDS). Infection with HIV causes the body to be more likely to get infections, including vaginal yeast infections.

If you get vaginal yeast infections often (such as once a month or 3 in 6 months), you should talk to a doctor.